

Bringing Up Great Kids

Bringing Up Great Kids is a six session Reflective Parenting Program suitable for parents with children aged 0 – 12. The program focuses on:

- **Messages received from our childhood and the impact it has on our parenting styles**
- **Early brain development in children**
- **Positive communication patterns that encourages calm and respectful family interactions**



The BRINGING UP GREAT KIDS Program is FREE of charge.

Please note that child minding is unavailable.

For further information or to register please phone **1300 364 277**